

**West Essex Foundation for Education
2nd Annual 5K Run/Walk "Trotting for Technology"**

Date: Saturday, May 19, 2012 Timing By: CompuScore

Start Time: 9:00 a.m. (firm)

**Place: West Essex Regional High School
65 West Greenbrook Road, North Caldwell, New Jersey 07006**

Entry fees (pre-registered participants will receive a race t-shirt):

\$20: Pre-registration --- W. E. Students/Alumni/Residents

\$25: Pre-registration --- Non-Residents

\$30: Same Day Registration --- All Runners/Walkers

**This is a rain or shine event. If event is canceled due to events beyond our control, no refunds will be issued.*

Return forms with payment to: West Essex High School, 65 West Greenbrook Road, North Caldwell, NJ 07006

Make all checks payable to: **'WEST ESSEX FOUNDATION FOR EDUCATION'** ****Must be postmarked no later than 5/1/12 to be considered pre-registered; after this date we will only accept same day registrations/ fees.**

Packet pick-up:

@West Essex Middle School: **Fri., 5/18: 5:00pm - 7:00pm** (**NO REGISTRATIONS WILL BE ACCEPTED AT THIS TIME)

@ Travis Field: **Sat., 5/19: 7:30am - 8:30am** (**FIRM POLICY: SAME DAY REGISTRATIONS WILL BE ACCEPTED UP UNTIL 8:30am)

Awards: Trophies awarded to overall winners (male & female), medals to 1st three finishers in each age group (male & female) No duplication of awards.

Age Groups: 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-up

Come dressed to run/walk! Restrooms on site. Split timers & water stations every mile! See back of form for course map.

For more info please contact: Irene Haramis (973) 403-1699 or Christine Grasso (973) 227-3646 or westessex5K@westex.org

Join us on Facebook: West Essex Foundation for Education 5K Run Trotting for Technology

One form per participant, Please PRINT legibly

Gender: M ___ F ___ **Date of Birth (mm/dd/yyyy):** _____ **Age (as of 5/19/12):** _____

Name: _____ **Street Address:** _____

City, State, Zip: _____ **Phone#:** _____

Email: _____ **Age group (circle one):** 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60- up
Shirt Size (circle one): Youth: S M Adult: S M L XL

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release any and all claims that I may have against West Essex Foundation for Education, West Essex Regional School District, First Aid Squads, or those representatives, successors, assignees, and any other sponsors of this event (hereafter to be known as the Group) for any injuries that may be suffered by me in this event. It is also understood by me that the group provides no insurance coverage for this event and I attest that I am in physical condition for this event. I also understand that I will not hold the group responsible for any publicity used concerning this event and that entry fees are non-refundable. I agree to allow pictures of myself to be used for promotional use.

*Under 18, requires parent/guardian signature

Signature _____ Date _____

Please Do Not Write Below

Fee Pd. \$ _____ Cash _____ Check# _____ Date _____ **LAST NAME, FIRST NAME** _____ **BIB #** _____